



Spotlight on School Breakfast: Stories and Strategies from New York

In the final stretch to summer break, now is the time for schools to take a fresh look at breakfast and ways to recalibrate for the fall. With Universal Free School Meals in place, schools have more stability to test new approaches to feeding kids. This newsletter highlights creative ways New York schools are ensuring students start the day with school breakfast they need to succeed.

***NEW BLOG:* How Schuylerville CSD Makes Breakfast Work for Students of All Ages**

Read about how Schuylerville Central School District Food Service Director Sarah Keen keeps students excited to eat school breakfast by tailoring her district's approach to different grade levels.

[Read More](#)



Left: A new cart in the middle school lobby makes it easy for students to grab breakfast on their way to class.

Right: “Build Your Own” days like avocado toast with toppings allow high school students to customize breakfast to fit their tastes.

ICYMI: Panel on Building a Stronger Breakfast Program with Universal Meals

Co-hosted with No Kid Hungry New York, this conversation featured school breakfast leaders Lauren Kearley of [Huntington UFSD](#) and Kyle Mattler of [Taconic Hills CSD](#). Panelists offered tips for implementing service approaches like Grab and Go carts and Breakfast in the Classroom and how to get the school community on board. View the [slides](#) and [recording](#).

[View the Recording](#)



Above: Breakfast carts are stationed at high-traffic areas across all 8 buildings at Huntington UFSD and remain open after the morning bell rings to ensure students can grab breakfast.

Looking Ahead: Reach More Kids with Free School Breakfast This Fall

Lay the groundwork for a stronger breakfast program with these key actions for schools:

- **Communicate that school meals are available at no cost to all students.** Use our [Universal School Meals Outreach Toolkit](#) to amplify the impact of school breakfast and remind families that it's available free to all students.
- **Make breakfast part of the school day:** Learn new [ways of serving breakfast](#) and identify the best models for your program. Consider piloting in one classroom or building.
- **Help school leaders understand their role:** Highlight [how school breakfast benefits students](#) and [ways school leaders can help](#) reach more students.

- **Gather student input:** Students are more likely to participate in school breakfast when they feel heard. Bring more students to the table with No Kid Hungry's [Student Feedback Toolkit](#). Featured resources include a sample survey, guidance for listening sessions, and more. Available in English and Spanish.

We can help you get started: Email Francesca.DiGiorgio@HungerSolutionsNY.org for no-cost individualized support.

Share Your Story

Child nutrition program operators, we want to hear from you! Use this [form](#) to tell us how the federal child nutrition programs, like school meals, summer meals, and CACFP, make a difference in your program or community. Your story can help us elevate the experiences and priorities of program operators in our communications with lawmakers, partners, and other stakeholders. We will contact you before sharing your story.

Share Your Story

Donate Today

Follow Us



Hunger Solutions New York

14 Computer Drive East | Albany, New York 12205

518-436-8757 | info@hungersolutionsny.org

Having trouble viewing this email? [View it in your web browser](#)

[Unsubscribe](#) or [Manage Your Preferences](#)