

Students:

Having trouble affording groceries?

SNAP may be able to help.



SNAP provides monthly benefits on an EBT card that you can use to buy food at grocery stores. Low-income students between the ages of 18 and 49 who are enrolled at least half-time in higher education may be eligible if they meet any of the following:

- Participate in a state or federal work-study program during the regular school year
- Attend a SUNY/CUNY community college, comprehensive college, or technical college and are enrolled in a career and technical education (CTE) program
- Attend an Educational Opportunity Center (EOC) and are enrolled in a career and technical education (CTE) program, remedial courses, basic adult education, literacy, or English as a second language
- Can meet other SNAP rules

Nutrition Outreach and Education Program (NOEP) Coordinators can explain all the ways students can qualify for SNAP. Find your local NOEP Coordinator at **FoodHelpNY.org**

Apply for SNAP:

Apply for SNAP online at **myBenefits.NY.gov**

SUNY/CUNY and EOC students:

Contact your school's Office of the Registrar (SUNY/CUNY) or Perkins Officer (EOC) for a verification form before applying.

Get help applying for SNAP:

Contact the Nutrition Outreach and Education Program (NOEP). NOEP is free and confidential. Find your local NOEP Coordinator at **FoodHelpNY.org**