

SNAP Budget Worksheet — effective 10/1/25 through 9/30/26

INCOME

1 **Gross monthly earned income**

2 **Monthly unearned income**

3 **Gross income:** add Lines 1 and 2

4 **Child support paid**

5 **Adjusted gross income:** Line 3 minus Line 4
Cannot exceed correct gross income test—see reverse side

6 **Earned income deduction:** Line 1 multiplied by 20%

7 **Enter Standard deduction**—see reverse side

8 **Dependent care:** use actual costs

9 **Homeless deduction** (\$198.99)

10 **Medical expenses over \$35/month**
*Available **only** to elderly/disabled household members*

11 **Total deductions:** add Lines 6 through 10

12 **Adjusted income:** Line 5 minus Line 11
If the amount is a negative number, enter \$0.

13 **Rent/mortgage**

14 **Standard Utility Allowance (SUA)**—see reverse side

15 **Other shelter** (taxes, etc)

16 **Total shelter expenses:** add Lines 13 through 15

17 **Divide adjusted income (Line 12) by 2**

17a **Shelter excess:** Line 16 minus Line 17. If the amount is greater than \$744, enter \$744. If there are elderly/disabled household members, enter the full dollar amount. If the amount is a negative number, enter \$0.

18 **Net income:** Line 12 minus Line 17a.
If the amount is a negative number, enter \$0.
Only for households that are **not** categorically eligible

19 **Maximum SNAP benefit amount**—see reverse side

20 **Net income (Line 18) multiplied by 30%**

21 **Estimated benefit:** Line 19 minus Line 20

DEDUCTIONS

BENEFIT ALLOTMENT

All one- and two-person households that pass the net income test or are categorically eligible automatically receive a minimum \$24 allotment, even if Line 21 is less than \$24.

Categorically eligible households with 3 or more members who yield a zero or negative monthly SNAP benefit (Line 21) will **not** be eligible for SNAP benefits.



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SNAP Standards & Deductions Reference Sheet

All effective 10/1/25 through 9/30/26

Federal Poverty Limit (FPL) Monthly Gross Income Test by Household Size

Household Size	200% FPL	150% FPL	130% FPL	165% FPL	100% FPL
1	\$2,608	\$1,957	\$1,696	\$2,152	\$1,305
2	\$3,525	\$2,644	\$2,292	\$2,909	\$1,763
3	\$4,442	\$3,332	\$2,888	\$3,665	\$2,221
4	\$5,358	\$4,019	\$3,483	\$4,421	\$2,680
5	\$6,275	\$4,707	\$4,079	\$5,177	\$3,138
6	\$7,192	\$5,394	\$4,675	\$5,934	\$3,596
7	\$8,108	\$6,082	\$5,271	\$6,690	\$4,055
8	\$9,025	\$6,769	\$5,867	\$7,446	\$4,513
Each Additional Person	+\$917	+\$688	+\$596	+\$757	+\$459

200% FPL: Households with elderly/disabled members or out-of-pocket dependent care costs

150% FPL: Households with earned income that do not meet 200% criteria

130% FPL: Households not meeting criteria for 200% or 150%

165% FPL: Only for severely disabled and elderly people with disabilities living with others and unable to purchase and prepare their own food

100% FPL: Households that are not categorically eligible must meet a net income test

Standard Deductions

Household Size	Amount
1-3	\$209
4	\$223
5	\$261
6+	\$299

Standard Utility Allowances (SUA)

	Level 1	Level 2	Level 3
New York City	\$1,062	\$419	\$32
Nassau & Suffolk Counties	\$988	\$388	\$32
Rest of State	\$877	\$355	\$32

Maximum SNAP Benefit Amounts (Thrifty Food Plan)

Household Size	Maximum Benefit
1	\$298
2	\$546
3	\$785
4	\$994
5	\$1,183
6	\$1,421
7	\$1,571
8	\$1,789
Each Additional Person	+\$218

Other

Homeless Shelter Deduction: \$198.99

Maximum Shelter Deduction: \$744.00

Minimum SNAP Benefit for One & Two Person Households: \$24.00

Resource Limits: \$4,500 for Hh with senior/disabled member, \$3,000 for all other households