



Offering Free, Healthy Afterschool Meals & Snacks in the 21-22 School Year



Hunger Solutions New York is a statewide anti-hunger organization.

We increase **awareness** of, **support** for, and **participation** in federal nutrition assistance programs.

- Supplemental Nutrition Assistance Program (SNAP)
- School Breakfast Program (SBP)
- Community Eligibility Program (CEP)
- Summer Food Service Program (SFSP)
- Child and Adult Care Food Program (CACFP)
- Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)
- Pandemic-EBT (P-EBT)



NEW YORK STATE
**NETWORK FOR
YOUTH SUCCESS**

About Us

- New York's Statewide Afterschool Network
- Affiliate for the National AfterSchool Association
- State Lead for the National Girls Collaborative Project
- Backbone of the NYS Community Schools Network

Stay Connected!

- **Sign up** for our listservs
- Join the Power of 3:00 Campaign
- **Follow** @NYSYouthSuccess
- **Visit** www.networkforyouthsuccess.org
- **“Like”** us on Facebook
facebook.com/NetworkForYouthSuccess

Get Involved

- School-Age Care Credential
- Afterschool Program Accreditation
- Statewide Professional Development and Coaching
- Professional Membership
- Quality Self-Assessment (QSA) Tool
- Power of 3:00 Policy Campaign

Why Afterschool Meals?

Afterschool meals:

- Support recovery from the academic, health, and economic impacts of COVID-19
- Add value to afterschool programs
- Are an under-tapped resource:
 - For every **100** NY kids who ate F/RP school lunch, **only 6.1 had access to afterschool meals** – even before the pandemic.¹

Did you know?

71% of surveyed low-income families report that the **availability of snacks and meals** was important in their selection of their child's afterschool program. Close to half said it was **extremely important**.²

¹Source: Food Research and Action Center, [Afterschool Suppers: A Snapshot of Participation](#), October 2021.

²Source: Afterschool Alliance, [America After 3PM](#), December 2020.

Afterschool Meals 101

The Child and Adult Care Food Program (CACFP) **At-Risk Afterschool Snack and Supper** component funds healthy food served to kids and teens in eligible afterschool programs.

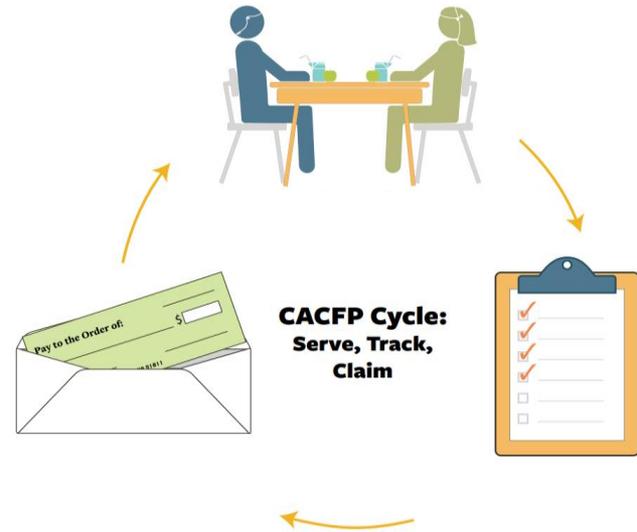
CACFP is federally funded, and is administered by **USDA** and **NYS Department of Health**.



How It Works

- CACFP's At-Risk Afterschool component provides per-meal/snack reimbursement, currently **\$3.66/meal** and **\$1.00/snack**.
- Programs **serve meals, keep track, and request reimbursement** on a monthly basis.

Example Reimbursement 50 students x 180 days		
Meals	Snacks	Meals + Snacks
\$32,940	\$9,000	\$41,940

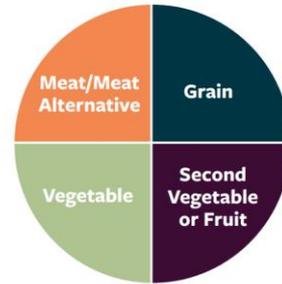


How It Works

Meals and snacks must follow CACFP **meal patterns**. [Click here](#) for sample menus & more details.

Meals =
5 components

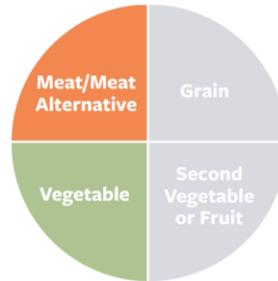
Snacks =
2 components



Fluid Milk



Grilled chicken sandwich on a whole grain bun with carrot sticks, an apple, and 1% milk



Fluid Milk



Hummus, cucumber slices, and water

How It Works

To qualify, programs must:

- **Be organized primarily to provide nonresidential care for children after school or on weekends, holidays, or school breaks** during the regular school year.
- **Be public or non-profit**, or for-profit if at least 25% of children served are eligible for F/RP meals or tuition subsidies.
- **Provide at least one educational or enrichment activity** (*can be remote/virtual activities for the 21-22 school year, if needed*)
- **Be located in an eligible area** (*waived for the 21-22 school year*)

Afterschool Meals During COVID-19

Ordinarily, programs must:	During the 2021-2022 school year:*
Be located in the enrollment area of a school where $\geq 50\%$ of students qualify for free or reduced-price school meals.	Programs in all areas may qualify.
Serve meals in a group setting.	Programs can serve grab-and-go or home delivery , and can serve multiple days-worth of meals at once.
Offer an enrichment activity.	Activities may be remote (e.g., virtual or take-home) if needed and approved. <ul style="list-style-type: none">• Activity ideas from No Kid Hungry and NYS Network for Youth Success

Please note: USDA states these flexibilities are for the “duration and extent that they are needed.” Contact your CACFP representative if you are interested in implementing any waivers.

Next Steps

Learn more:

- Visit AfterschoolMealsNY.org
- Reach out! We're happy to talk one-on-one.

Apply:

- Contact NYS Department of Health:
 - Email cacfp@health.ny.gov (use subject line "Outreach Coordinator") or call (518) 402-7400

Note: You can **apply at any time of year**, even after programs are underway

Additional Resources

- Learn more about **afterschool meals**: AfterschoolMealsNY.org
- Serve and/or promote **summer meals**: SummerMealsNY.org
- Reach more kids with **school meals**: SchoolMealsHubNY.org
- Connect families with **SNAP** and **WIC**: FoodHelpNY.org & WICHelpNY.org
- Find **local data, outreach resources** & more:
HungerSolutionsNY.org/Resource/Library

Thank you!

Krista Hesdorfer

Child Nutrition Programs Specialist
Hunger Solutions New York

Krista.Hesdorfer@HungerSolutionsNY.org

Get updates:

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Alli Lidie

Chief Operating & Strategy Officer
New York State Network for Youth Success

Alli@NetworkForYouthSuccess.org

Get updates:

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