



# **School Meals Resource Roundup**

In November, Hunger Solutions New York and No Kid Hungry New York conducted a survey of school nutrition directors across the state to learn more about their experiences, questions, and concerns around providing school meals amid COVID-19. Thank you to the more than 170 directors who completed the survey, providing valuable insights to inform future work to support school meals. The following resources address common themes from the survey responses, including interest in providing school meals in bulk, strategies for collecting free and reduced-price school meal applications, and resources to connect families with SNAP and WIC.

#### **Providing Multiple Meals and Bulk Food Items**

- Zoom Coffee Chat (January 21, 2021, 10:00-10:30 AM EST): Register for our upcoming virtual coffee chat to discuss strategies for providing multiple days-worth of school meals and offering bulk food items. See more details below.
- USDA guide: <u>Summer Food Service Program: Providing Multiple Meals at a Time</u>
   <u>During the Coronavirus (COVID-19) Pandemic</u>

#### **Serving Meals on Weekends and Breaks**

- Food Research and Action Center (FRAC) one-pager: <u>Serving Meals on Weekends</u> and Holidays <u>During COVID-19</u>
- FRAC webinar recording: <u>Serving Meals on Weekends and Holidays</u>
- No Kid Hungry Center for Best Practices one-pager: <u>Preparing For Winter Weather</u>, <u>Holidays And Breaks During School Year 2020-2021</u>

## **Collecting Free and Reduced-Price School Meal Applications**

- Flyer for families: <u>Submit a School Meals Application</u>
- FRAC webinar (January 19, 2021, 2:00 PM EST): Register for FRAC's upcoming webinar, "Strategies to Increase School Meal Application Returns"

- No Kid Hungry Center for Best Practices guide: <u>Strategies to Maximize Completed</u>
   <u>School Meal Applications During COVID-19</u>
- FRAC one-pager: <u>Strategies to Increase School Meal Application Returns</u>

## **Promoting School Meals**

- School Meals Marketing Toolkit: Hunger Solutions New York and No Kid Hungry
  New York developed an outreach toolkit with resources to help schools promote
  school meals to families. The toolkit includes customizable flyers and graphics,
  sample social media posts, template email and text scripts, and more.
- No Kid Hungry Center for Best Practices Back-To-School Case Study: <u>Adapting School Nutrition During COVID-19</u>. Learn how one school redesigned their school nutrition program and increased participation by collaborating with and engaging families and the entire staff.

### **Serving Afterschool Meals and Snacks**

- View the recording and slides from our Zoom call focused on afterschool nutrition.
- <u>Virtual Afterschool Enrichment Activity Ideas</u>: Although afterschool enrichment activities are still required in order to serve afterschool meals and snacks this school year, <u>USDA guidance</u> permits virtual and take-home activities. To help meet this requirement while providing non-congregate meals, No Kid Hungry has compiled ideas and links for 12 weeks of <u>virtual activities</u> kids can complete at home. All activities are free to use, and none require a login or subscription. New York State Network for Youth Success has also produced a <u>COVID-19 Activity Guide</u>.
- Questions about afterschool meals? Email
   Krista.Hesdorfer@HungerSolutionsNY.org for assistance.

# **Connecting Families with SNAP and WIC**

- Use these outreach resources, including flyers in English and Spanish, to inform families about SNAP and WIC:
  - SNAP Outreach for Schools Toolkit
  - WIC Help NY Resource Center

# **Zoom Coffee Chat:**

Improving Participation with Bulk School Meals

Thursday, January 21, 2021, 10:00-10:30 AM EST

Some schools have improved participation among students who are learning remotely by providing multiple

days-worth of meals at one time, and by offering bulk food items as an alternative to unitized meals. For schools using the summer nutrition programs to provide meals this school year, these strategies can also enable meal service for weekends and breaks when school is not in session. Join us and peer school nutrition directors for an open discussion of allowable options, challenges, and promising practices.



# **Register Here**

#### Questions about school meals? Email Jessica at

<u>Jessica.PinoGoodspeed@HungerSolutionsNY.org</u> or Emily at <u>EGartenberg@Strength.org</u> for assistance.









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