

# Si necesita ayuda para comprar alimentos, SNAP puede ayudarle.



SNAP otorga beneficios mensuales para gastar en tiendas de alimentos locales. **Puede obtener y usar SNAP mientras mantiene una distancia segura con otras personas:**

- **Solicite SNAP en línea en [MyBenefits.ny.gov](https://mybenefits.ny.gov)**
- Puede hacer todo lo que necesita para solicitar y recibir beneficios por teléfono o en línea; no es necesario que vaya a una oficina de servicios sociales local.
- Use SNAP para comprar alimentos en tiendas de alimentos locales.
- Compre alimentos en línea utilizando los beneficios de SNAP y elija si desea recogerlos o que se los envíen a su domicilio.
  - Amazon.com —*disponible en todo el estado*
  - Walmart y ShopRite —*disponibles para algunos códigos postales (consulte sus sitios web)*

## Hay ayuda disponible:

Si necesita ayuda para solicitar SNAP, llame o envíe un correo electrónico a su coordinador del programa Nutrition Outreach and Education (NOEP). Los coordinadores del NOEP le informan si usted puede reunir los requisitos para SNAP, le responden sus preguntas y le ayudan a completar y enviar su solicitud. Es gratuito y confidencial.

**Comuníquese con su coordinador local del programa NOEP en [FoodHelpNY.org](https://FoodHelpNY.org) o consultar la lista en el otro lado de esta hoja.**



[HungerSolutionsNY.org](https://HungerSolutionsNY.org)

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Esta institución es un proveedor que ofrece igualdad de oportunidades.

## New York City

New York City by Borough	NOEP Agency Name	Phone Number
All Boroughs	Center for Independence of the Disabled, New York	646-849-8077
All Boroughs	Chinese-American Planning Council, Inc.	212-941-0030 x 213
All Boroughs	Food Bank For New York City	212-566-7855 x8074
All Boroughs	Urban Justice Center	718-960-3393
Brooklyn	CAMBA, Inc.	718-287-0010
Brooklyn	Edith and Carl Marks Jewish Community House of Bensonhurst	718-331-6800 x137
Brooklyn	Metropolitan Council on Jewish Poverty	347-880-2922
Brooklyn	Nachas Health & Family Network, Inc.	718-436-7373 x16
Brooklyn, Bronx, Manhattan, Queens	Hunger Free America	646-865-0769
Bronx	Mosholu Montefiore Community Center, Inc.	718-882-4000 x304
Bronx	Part of the Solution (POTS)	646-673-6479
Bronx, Manhattan	West Side Campaign Against Hunger/West Side Center for Community Life	917-837-5663
Manhattan	Apicha Community Health Center	646-744-0993
Manhattan	Lenox Hill Neighborhood House	212-218-0431
Queens	Jewish Community Council of the Rockaway Peninsula	718-327-7755 x6127
Queens	Queens Legal Services Corporation	347-592-2206

## Rest of State

Rest of State by County	NOEP Agency Name	Phone Number
Albany	Legal Aid Society of Northeastern New York, Inc.	518-462-6765 x327
Allegany	Cattaraugus Community Action, Inc.	585-307-0549
Broome	Family Enrichment Network, Inc.	607-723-8313 x827
Cattaraugus	Cattaraugus Community Action, Inc.	716-945-1041 x118
Chautauqua	Cattaraugus Community Action, Inc.	716-244-7337
Chemung	Food Bank of the Southern Tier	607-796-5592
Chenango	Catholic Charities of Chenango County	607-336-7897 x 328
Clinton	Legal Aid Society of Northeastern New York, Inc.	518-563-4022 x112
Columbia	Catholic Charities of Columbia and Greene Counties	518-828-8660 x128
Cortland	Cortland County Community Action Program	607-745-7240
Delaware	Delaware Opportunities Inc.	607-746-1670
Dutchess	Hudson Valley Community Services, Inc.	845-360-9722
Erie	Food For All, a program of the Network of Religious Communities	716-364-7573
Franklin	Massena Independent Living Center	518-483-2151
Fulton	Legal Aid Society of Northeastern New York, Inc.	518-810-9081
Genesee	Food For All, a program of the Network of Religious Communities	585-815-5721
Greene	Catholic Charities of Columbia and Greene Counties	518-943-1462 x1
Herkimer	Catholic Charities of Herkimer County	315-894-9917 x235
Jefferson	Community Action Planning Council of Jefferson County, Inc.	315-955-9319
Livingston	Legal Assistance of Western New York, Inc.	585-572-1714
Madison	Mohawk Valley Community Action Agency, Inc.	315-624-9930 x2609
Monroe	Legal Assistance of Western New York, Inc.	585-295-5624
Montgomery	Legal Aid Society of Northeastern New York, Inc.	518-842-9466 x225
Nassau	Catholic Charities of the Diocese of Rockville Centre, Inc.	516-317-1929
Nassau	Health and Welfare Council of Long Island	516-505-4431
Niagara	Niagara Community Action Program, Inc.	716-439-1322
Oneida	Mohawk Valley Community Action Agency, Inc.	315-624-9930 x2387
Onondaga	Food Bank of Central New York	315-437-1899 x224
Ontario	Legal Assistance of Western New York, Inc.	315-781-1465
Orange	Hudson Valley Community Services, Inc.	914-606-1360
Otsego	Catholic Charities of Delaware, Otsego and Schoharie Counties	607-432-0061 x112
Putnam	Catholic Charities Community Services, Archdiocese of New York	917-275-5459
Rensselaer	Unity House of Troy, Inc.	518-274-2607 x4108
Rockland	Catholic Charities Community Services of Rockland	917-828-4505
Saratoga	Legal Aid Society of Northeastern New York, Inc.	518-587-5188 x412
Schenectady	Catholic Charities Tri-County Services	518-374-2427
Schuyler	Catholic Charities of Chemung & Schuyler	607-535-2050 x208
Seneca	Legal Assistance of Western New York, Inc.	315-781-1465
St. Lawrence	Massena Independent Living Center	315-764-9442 x405
Steuben	Catholic Charities of Steuben County	607-329-4387
Suffolk	Catholic Charities of the Diocese of Rockville Centre, Inc.	631-258-1461
Suffolk	Health and Welfare Council of Long Island	516-505-4425
Sullivan	Hudson Valley Community Services, Inc.	845-842-1232
Tioga	Catholic Charities of Tompkins & Tioga	607-272-5062 x305
Tompkins	Catholic Charities of Tompkins & Tioga	607-272-5062 x21
Ulster	Hudson Valley Community Services, Inc.	845-579-2558
Warren	Catholic Charities of Saratoga, Warren and Washington Counties	518-793-6212
Washington	Legal Aid Society of Northeastern New York, Inc.	518-587-5188 x408
Wayne	Legal Assistance of Western New York, Inc.	315-781-1465
Westchester	Catholic Charities Community Services, Archdiocese of New York	914-476-2700 x212
Wyoming	Food For All, a program of the Network of Religious Communities	585-456-4224
Yates	Pro Action of Steuben and Yates, Inc.	315-313-2536