

Si necesita ayuda para comprar alimentos, SNAP puede ayudarle.



SNAP otorga beneficios mensuales para gastar en tiendas de alimentos locales. **Puede obtener y usar SNAP mientras mantiene una distancia segura con otras personas:**

- **Solicite SNAP en línea en [MyBenefits.ny.gov](https://mybenefits.ny.gov)**
- Puede hacer todo lo que necesita para solicitar y recibir beneficios por teléfono o en línea; no es necesario que vaya a una oficina de servicios sociales local.
- Use SNAP para comprar alimentos en tiendas de alimentos locales.
- Compre alimentos en línea utilizando los beneficios de SNAP y elija si desea recogerlos o que se los envíen a su domicilio.
 - Amazon.com —*disponible en todo el estado*
 - Walmart y ShopRite —*disponibles para algunos códigos postales (consulte sus sitios web)*

Hay ayuda disponible:

Si necesita ayuda para solicitar SNAP, llame o envíe un correo electrónico a su coordinador del programa Nutrition Outreach and Education (NOEP). Los coordinadores del NOEP le informan si usted puede reunir los requisitos para SNAP, le responden sus preguntas y le ayudan a completar y enviar su solicitud. Es gratuito y confidencial.

Comuníquese con su coordinador local del programa NOEP en FoodHelpNY.org o consultar la lista en el otro lado de esta hoja.



HungerSolutionsNY.org

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Esta institución es un proveedor que ofrece igualdad de oportunidades.

New York City

New York City by Borough	NOEP Agency Name	Phone Number
All Boroughs	Center for Independence of the Disabled, New York	646-849-8077
All Boroughs	Chinese-American Planning Council, Inc.	212-941-0030 x 213
All Boroughs	Food Bank For New York City	212-566-7855 x1564
All Boroughs	Urban Justice Center	718-960-3393
Brooklyn	CAMBA, Inc.	718-287-0010 x40226
Brooklyn	Edith and Carl Marks Jewish Community House of Bensonhurst	718-943-6337
Brooklyn	Metropolitan Council on Jewish Poverty	347-880-2922
Brooklyn	Nachas Health & Family Network, Inc.	718-436-7373 x16
Brooklyn, Bronx, Manhattan, Queens	Hunger Free America	646-865-0769
Bronx	Mosholu Montefiore Community Center, Inc.	718-882-4000 x304
Bronx	Part of the Solution (POTS)	646-673-6479
Bronx, Manhattan	West Side Campaign Against Hunger/West Side Center for Community Life	646-284-8927
Manhattan, Queens	Apicha Community Health Center	646-744-0993
Manhattan	Lenox Hill Neighborhood House	212-218-0431
Queens	Jewish Community Council of the Rockaway Peninsula	718-327-7755 x6127
Queens	Queens Legal Services Corporation	347-592-2206

Rest of State

Rest of State by County	NOEP Agency Name	Phone Number
Albany	Legal Aid Society of Northeastern New York, Inc.	518-462-6765 x327
Allegany	Cattaraugus Community Action, Inc.	585-307-0549
Broome	Family Enrichment Network, Inc.	607-723-8313 x827
Cattaraugus	Cattaraugus Community Action, Inc.	716-945-1041 x118
Chautauqua	Cattaraugus Community Action, Inc.	716-244-7337
Chemung	Food Bank of the Southern Tier	607-796-5592
Chenango	Catholic Charities of Chenango County	607-336-7897 x 328
Clinton	Legal Aid Society of Northeastern New York, Inc.	518-563-4022 x112
Columbia	Catholic Charities of Columbia and Greene Counties	518-828-8660 x128
Cortland	Cortland County Community Action Program	607-745-7240
Delaware	Delaware Opportunities Inc.	607-746-1667
Dutchess	Hudson Valley Community Services, Inc.	845-360-9722
Erie	Food For All, a program of the Network of Religious Communities	716-364-7573
Franklin	Maximizing Independent Living Choices	518-483-2151 x209
Fulton	Legal Aid Society of Northeastern New York, Inc.	518-842-9466 x227
Genesee	Food For All, a program of the Network of Religious Communities	585-815-5721
Greene	Catholic Charities of Columbia and Greene Counties	518-943-1462 x1
Herkimer	Catholic Charities of Herkimer County	315-894-9917 x235
Jefferson	Community Action Planning Council of Jefferson County, Inc.	315-782-4900 x296
Livingston	Legal Assistance of Western New York, Inc.	585-572-1714
Madison	Mohawk Valley Community Action Agency, Inc.	315-624-9930 x2609
Monroe	Legal Assistance of Western New York, Inc.	585-295-5623
Montgomery	Legal Aid Society of Northeastern New York, Inc.	518-842-9466 x221
Nassau	Catholic Charities of the Diocese of Rockville Centre, Inc.	516-733-7071
Nassau	Health and Welfare Council of Long Island	631-338-7153
Niagara	Niagara Community Action Program, Inc.	716-285-6134
Oneida	Mohawk Valley Community Action Agency, Inc.	315-624-9930 x2387
Onondaga	Food Bank of Central New York	315-437-1899 x224
Ontario	Legal Assistance of Western New York, Inc.	315-781-1465
Orange	Hudson Valley Community Services, Inc.	845-522-5761
Otsego	Catholic Charities of Delaware, Otsego and Schoharie Counties	607-386-3562
Putnam	Catholic Charities Community Services, Archdiocese of New York	845-279-5276 x212
Rensselaer	Unity House of Troy, Inc.	518-274-2607 x4108
Rockland	Catholic Charities Community Services of Rockland	917-828-4505
Saratoga	Legal Aid Society of Northeastern New York, Inc.	518-587-5188 x412
Schenectady	Catholic Charities Tri-County Services	518-374-2427
Seneca	Legal Assistance of Western New York, Inc.	315-781-1465
St. Lawrence	Maximizing Independent Living Choices	315-764-9442 x405
Steuben	Catholic Charities of Steuben County	607-329-4387
Suffolk	Catholic Charities of the Diocese of Rockville Centre, Inc.	631-789-9546
Suffolk	Health and Welfare Council of Long Island	631-579-7051
Sullivan	Hudson Valley Community Services, Inc.	845-842-1232
Tioga	Catholic Charities of Tompkins & Tioga	607-272-5062 x305
Tompkins	Catholic Charities of Tompkins & Tioga	607-272-5062 x21
Ulster	Hudson Valley Community Services, Inc.	845-579-2558
Warren	Catholic Charities of Saratoga, Warren and Washington Counties	518-793-6212
Washington	Legal Aid Society of Northeastern New York, Inc.	518-587-5188 x408
Wayne	Legal Assistance of Western New York, Inc.	315-781-1465
Westchester	Catholic Charities Community Services, Archdiocese of New York	914-476-2700 x212
Wyoming	Food For All, a program of the Network of Religious Communities	585-456-4224