

If you need help buying food, SNAP can help.



The COVID-19 pandemic continues to impact families. Find out if your family is eligible for SNAP (Supplemental Nutrition Assistance Program). SNAP provides monthly benefits to help you buy food. If you are eligible for SNAP, you can continue to receive meals from your school.

You can get and use SNAP while social distancing:

- Everything you need to do to apply for and receive SNAP benefits can be done by phone or online—no need to visit a local social service office.
- Use SNAP benefits at local grocery stores or shop online at Amazon, Walmart, or ShopRite and have groceries delivered or picked up. (See their websites for availability in your area.)

Apply for SNAP online at [MyBenefits.ny.gov](https://www.MyBenefits.ny.gov)

Need Help Applying?

The Nutrition Outreach and Education Program (NOEP) helps families apply for SNAP. NOEP Coordinators help you see if you may be eligible for SNAP, answer questions, and help you complete and submit your application. It is free and confidential. Find your local NOEP Coordinator at [FoodHelpNY.org](https://www.FoodHelpNY.org) or use the list on the back of this flyer.



[HungerSolutionsNY.org](https://www.HungerSolutionsNY.org)

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This institution is an equal opportunity provider.

New York City

New York City by Borough	NOEP Agency Name	Phone Number
All Boroughs	Center for Independence of the Disabled, New York	646-849-8077
All Boroughs	Chinese-American Planning Council, Inc.	212-941-0030 x 213
All Boroughs	Food Bank For New York City	212-566-7855 x1564
All Boroughs	Urban Justice Center	718-960-3393
Brooklyn	CAMBA, Inc.	718-287-0010 x40226
Brooklyn	Edith and Carl Marks Jewish Community House of Bensonhurst	718-943-6337
Brooklyn	Metropolitan Council on Jewish Poverty	347-880-2922
Brooklyn	Nachas Health & Family Network, Inc.	718-436-7373 x16
Brooklyn, Bronx, Manhattan, Queens	Hunger Free America	646-865-0769
Bronx	Mosholu Montefiore Community Center, Inc.	718-882-4000 x304
Bronx	Part of the Solution (POTS)	646-673-6479
Bronx, Manhattan	West Side Campaign Against Hunger/West Side Center for Community Life	646-284-8927
Manhattan, Queens	Apicha Community Health Center	646-744-0993
Manhattan	Lenox Hill Neighborhood House	212-218-0431
Queens	Jewish Community Council of the Rockaway Peninsula	718-327-7755 x6127
Queens	Queens Legal Services Corporation	347-592-2206

Rest of State

Rest of State by County	NOEP Agency Name	Phone Number
Albany	Legal Aid Society of Northeastern New York, Inc.	518-462-6765 x327
Allegany	Cattaraugus Community Action, Inc.	585-307-0549
Broome	Family Enrichment Network, Inc.	607-723-8313 x827
Cattaraugus	Cattaraugus Community Action, Inc.	716-945-1041 x118
Chautauqua	Cattaraugus Community Action, Inc.	716-244-7337
Chemung	Food Bank of the Southern Tier	607-796-5592
Chenango	Catholic Charities of Chenango County	607-336-7897 x 328
Clinton	Legal Aid Society of Northeastern New York, Inc.	518-563-4022 x112
Columbia	Catholic Charities of Columbia and Greene Counties	518-828-8660 x128
Cortland	Cortland County Community Action Program	607-745-7240
Delaware	Delaware Opportunities Inc.	607-746-1667
Dutchess	Hudson Valley Community Services, Inc.	845-360-9722
Erie	Food For All, a program of the Network of Religious Communities	716-364-7573
Franklin	Maximizing Independent Living Choices	518-483-2151 x209
Fulton	Legal Aid Society of Northeastern New York, Inc.	518-842-9466 x227
Genesee	Food For All, a program of the Network of Religious Communities	585-815-5721
Greene	Catholic Charities of Columbia and Greene Counties	518-943-1462 x1
Herkimer	Catholic Charities of Herkimer County	315-894-9917 x235
Jefferson	Community Action Planning Council of Jefferson County, Inc.	315-782-4900 x296
Livingston	Legal Assistance of Western New York, Inc.	585-572-1714
Madison	Mohawk Valley Community Action Agency, Inc.	315-624-9930 x2609
Monroe	Legal Assistance of Western New York, Inc.	585-295-5623
Montgomery	Legal Aid Society of Northeastern New York, Inc.	518-842-9466 x221
Nassau	Catholic Charities of the Diocese of Rockville Centre, Inc.	516-733-7071
Nassau	Health and Welfare Council of Long Island	631-338-7153
Niagara	Niagara Community Action Program, Inc.	716-285-6134
Oneida	Mohawk Valley Community Action Agency, Inc.	315-624-9930 x2387
Onondaga	Food Bank of Central New York	315-437-1899 x224
Ontario	Legal Assistance of Western New York, Inc.	315-781-1465
Orange	Hudson Valley Community Services, Inc.	845-522-5761
Otsego	Catholic Charities of Delaware, Otsego and Schoharie Counties	607-386-3562
Putnam	Catholic Charities Community Services, Archdiocese of New York	845-279-5276 x212
Rensselaer	Unity House of Troy, Inc.	518-274-2607 x4108
Rockland	Catholic Charities Community Services of Rockland	917-828-4505
Saratoga	Legal Aid Society of Northeastern New York, Inc.	518-587-5188 x412
Schenectady	Catholic Charities Tri-County Services	518-374-2427
Seneca	Legal Assistance of Western New York, Inc.	315-781-1465
St. Lawrence	Maximizing Independent Living Choices	315-764-9442 x405
Steuben	Catholic Charities of Steuben County	607-329-4387
Suffolk	Catholic Charities of the Diocese of Rockville Centre, Inc.	631-789-9546
Suffolk	Health and Welfare Council of Long Island	631-579-7051
Sullivan	Hudson Valley Community Services, Inc.	845-842-1232
Tioga	Catholic Charities of Tompkins & Tioga	607-272-5062 x305
Tompkins	Catholic Charities of Tompkins & Tioga	607-272-5062 x21
Ulster	Hudson Valley Community Services, Inc.	845-579-2558
Warren	Catholic Charities of Saratoga, Warren and Washington Counties	518-793-6212
Washington	Legal Aid Society of Northeastern New York, Inc.	518-587-5188 x408
Wayne	Legal Assistance of Western New York, Inc.	315-781-1465
Westchester	Catholic Charities Community Services, Archdiocese of New York	914-476-2700 x212
Wyoming	Food For All, a program of the Network of Religious Communities	585-456-4224