

SNAP Budget Worksheet — effective 10/1/22 through 9/30/23

INCOME

1 Gross monthly earned income

2 Monthly unearned income

3 Gross income: add Lines 1 and 2

4 Child support paid

5 Adjusted gross income: Line 3 minus Line 4
Cannot exceed correct gross income test—see reverse side

6 Earned income deduction: Line 1 multiplied by 20%

7 Enter Standard deduction—see reverse side

8 Dependent care: use actual costs

9 Homeless deduction (\$166.81)

10 Medical expenses over \$35/month
*Available **only** to elderly/disabled household members*

11 Total deductions: add Lines 6 through 10

12 Adjusted income: Line 5 minus Line 11
If the amount is a negative number, enter \$0.

13 Rent/mortgage

14 Standard Utility Allowance (SUA)—see reverse side

15 Other shelter (taxes, etc)

16 Total shelter expenses: add Lines 13 through 15

17 Divide adjusted income (Line 12) by 2

17a Shelter excess: Line 16 minus Line 17. If the amount is greater than \$624, enter \$624. If there are elderly/disabled household members, enter the full dollar amount. If the amount is a negative number, enter \$0.

18 Net income: Line 12 minus Line 17a.
If the amount is a negative number, enter \$0.
Only for households that are **not** categorically eligible

19 Maximum SNAP benefit amount—see reverse side

20 Net income (Line 18) multiplied by 30%

21 Estimated benefit: Line 19 minus Line 20

DEDUCTIONS

BENEFIT ALLOTMENT

All one- and two-person households that pass the net income test or are categorically eligible automatically receive a minimum \$23 allotment, even if Line 21 is less than \$23.

*Categorically eligible households with 3 or more members who yield a zero or negative monthly SNAP benefit (Line 21) will **not** be eligible for SNAP benefits.*



SNAP Standards & Deductions Reference Sheet

All effective 10/1/22 through 9/30/23

Federal Poverty Limit (FPL) Monthly Gross Income Test by Household Size

Household Size	200% FPL	150% FPL	130% FPL	165% FPL	100% FPL
1	\$2,265	\$1,699	\$1,473	\$1,869	\$1,133
2	\$3,052	\$2,289	\$1,984	\$2,518	\$1,526
3	\$3,838	\$2,879	\$2,495	\$3,167	\$1,920
4	\$4,625	\$3,469	\$3,007	\$3,816	\$2,313
5	\$5,412	\$4,059	\$3,518	\$4,465	\$2,706
6	\$6,198	\$4,649	\$4,029	\$5,114	\$3,100
7	\$6,985	\$5,239	\$4,541	\$5,763	\$3,493
8	\$7,772	\$5,829	\$5,052	\$6,412	\$3,886
Each Additional Person	+\$787	\$590	+\$512	+\$649	+\$394

200% FPL: Households with elderly/disabled members or out-of-pocket dependent care costs

150% FPL: Households with earned income that do not meet 200% criteria

130% FPL: Households not meeting criteria for 200% or 150%

165% FPL: Only for severely disabled and elderly people with disabilities living with others and unable to purchase and prepare their own food

100% FPL: Households that are not categorically eligible must meet a net income test

Standard Deductions

Household Size	Amount
1-4	\$193
5	\$225
6+	\$258

Standard Utility Allowances (SUA)

	Level 1	Level 2	Level 3
New York City	\$1,002	\$395	\$31
Nassau & Suffolk Counties	\$932	\$366	\$31
Rest of State	\$827	\$335	\$31

Maximum SNAP Benefit Amounts (Thrifty Food Plan)

Household Size	Maximum Benefit
1	\$281
2	\$516
3	\$740
4	\$939
5	\$1,116
6	\$1,339
7	\$1,480
8	\$1,691
Each Additional Person	+\$211

Other

Homeless Shelter Deduction: \$166.81

Maximum Shelter Deduction: \$624.00

Minimum SNAP Benefit for One & Two Person Households: \$23.00

Resource Limits: \$4,250 for Hh with senior/disabled member, \$2,750 for all other households