

# SNAP Budget Worksheet — effective 10/1/22 through 9/30/23

## INCOME

**1 Gross monthly earned income**

**2 Monthly unearned income**

**3 Gross income:** add Lines 1 and 2

**4 Child support paid**

**5 Adjusted gross income:** Line 3 minus Line 4  
*Cannot exceed correct gross income test—see reverse side*

**6 Earned income deduction:** Line 1 multiplied by 20%

**7 Enter Standard deduction—see reverse side**

**8 Dependent care:** use actual costs

**9 Homeless deduction** (\$166.81)

**10 Medical expenses over \$35/month**  
*Available **only** to elderly/disabled household members*

**11 Total deductions:** add Lines 6 through 10

**12 Adjusted income:** Line 5 minus Line 11  
If the amount is a negative number, enter \$0.

**13 Rent/mortgage**

**14 Standard Utility Allowance (SUA)—see reverse side**

**15 Other shelter** (taxes, etc)

**16 Total shelter expenses:** add Lines 13 through 15

**17 Divide adjusted income (Line 12) by 2**

**17a Shelter excess:** Line 16 minus Line 17. If the amount is greater than \$624, enter \$624. If there are elderly/disabled household members, enter the full dollar amount. If the amount is a negative number, enter \$0.

**18 Net income:** Line 12 minus Line 17a.  
If the amount is a negative number, enter \$0.  
**Only** for households that are **not** categorically eligible

**19 Maximum SNAP benefit amount—see reverse side**

**20 Net income (Line 18) multiplied by 30%**

**21 Estimated benefit:** Line 19 minus Line 20

## DEDUCTIONS

## BENEFIT ALLOTMENT

*All one- and two-person households that pass the net income test or are categorically eligible automatically receive a minimum \$23 allotment, even if Line 21 is less than \$23.*

*Categorically eligible households with 3 or more members who yield a zero or negative monthly SNAP benefit (Line 21) will **not** be eligible for SNAP benefits.*

# SNAP Standards & Deductions Reference Sheet

All effective 10/1/22 through 9/30/23

## Federal Poverty Limit (FPL) Monthly Gross Income Test by Household Size

Household Size	200% FPL	150% FPL	130% FPL	165% FPL	100% FPL
1	\$2,265	\$1,699	\$1,473	\$1,869	\$1,133
2	\$3,052	\$2,289	\$1,984	\$2,518	\$1,526
3	\$3,839	\$2,879	\$2,495	\$3,167	\$1,920
4	\$4,625	\$3,469	\$3,007	\$3,816	\$2,313
5	\$5,412	\$4,059	\$3,518	\$4,465	\$2,706
6	\$6,199	\$4,649	\$4,029	\$5,114	\$3,100
7	\$6,985	\$5,239	\$4,541	\$5,763	\$3,493
8	\$7,772	\$5,829	\$5,052	\$6,412	\$3,886
Each Additional Person	+\$787	\$590	+\$512	+\$649	+\$394

**200% FPL:** Households with elderly/disabled members or out-of-pocket dependent care costs

**150% FPL:** Households with earned income that do not meet 200% criteria

**130% FPL:** Households not meeting criteria for 200% or 150%

**165% FPL:** Only for severely disabled and elderly people with disabilities living with others and unable to purchase and prepare their own food

**100% FPL:** Households that are not categorically eligible must meet a net income test

### Standard Deductions

Household Size	Amount
1-4	\$193
5	\$225
6+	\$258

### Maximum SNAP Benefit Amounts (Thrifty Food Plan)

Household Size	Maximum Benefit
1	\$281
2	\$516
3	\$740
4	\$939
5	\$1,116
6	\$1,339
7	\$1,480
8	\$1,691
Each Additional Person	+\$211

### Standard Utility Allowances (SUA)

	Level 1	Level 2	Level 3
New York City	\$1,002	\$395	\$31
Nassau & Suffolk Counties	\$932	\$366	\$31
Rest of State	\$827	\$335	\$31

### Other

**Homeless Shelter Deduction:** \$166.81

**Maximum Shelter Deduction:** \$624.00

**Minimum SNAP Benefit for One & Two Person Households:** \$23.00

**Resource Limits:** \$4,250 for Hh with senior/disabled member, \$2,750 for all other households