

SNAP may be able to help, thanks to new rules.

SNAP provides monthly benefits on a debit card that you can use to buy food at grocery stores. Many more students may now be eligible.

How to apply:

To learn more and get your student verification form, contact:

2 Visit myBenefits.NY.gov to apply online.



Need help applying for SNAP?

The Nutrition Outreach and Education Program (NOEP) can help you apply for SNAP. It is free and confidential. Find your local NOEP Coordinator at **FoodHelpNY.org** or on the back of this flyer.

